

Race Day Information: 30/Sep/2018 at 10:30am



Dear Runner,

Thank you for entering our race. Please read through these instructions **before race day.**

The organising committee welcomes you and your supporters along to what we hope will be a fun and encouraging race full of positive memories.

If you are no longer able to race for any reason, please make use of the [race number transfer form](#), available from the race website. Give the form to the person who wishes to take your place. Entry transfers will be processed on race day at Race HQ, where race numbers are collected. There is a £2 admin fee for processing number swaps. Please can all on-the-day fees be paid for in **cash**.

Charities benefiting from this year's race:

[Abby's Heroes](#)

[Fortune Centre for Riding Therapy](#)

[Macmillan Caring Locally](#)

There is no pressure to support these charities selected by the organising committee. If you have another cause that you are supporting by your participation you are welcome! Please let us know and we'd be glad to give you a mention before the race.

Parking

This year has a record number of entries, so be aware that **car park spaces at Hoburne Park will fill quickly.** Please **lift share if possible.** Further [parking is available in the adjacent housing estate](#) in Primrose Way/ Saffron Drive and is recommended for all late arrivals (access via Honeysuckle Way or Primrose Way). Please **be considerate of the residents when parking.** Do take care when crossing Hoburne Lane, preferably opposite the main entrance (signs will direct you via Celandine Close, opposite the main entrance to Hoburne Park).

Collecting your Race Number

Race numbers and safety pins will be available from the Race HQ, just inside the main building in the Restaurant (follow signs for the reception area).

Please add your personal details on the back, including any **medical information.** If any medical details are relevant mark the number side of your race number with the letter **M.** You must attach your number to the **FRONT** of your clothing, where it must be visible for the duration of the race, so please make sure your number is still **visible from the front** if you add or remove any layers of clothing during the race.

Race Start

The race start line is on the Hoburne Park site very close to the main building (alongside the Adventure Playground). Our marshals and signs will direct you to the start line before the race is due to start, which will be at 10:30am prompt unless delays are necessary for safety reasons.

To keep costs down we are not using electronic timing, so the finish time for everyone will be the time from race start to when you cross the finish line. However, **please allow faster runners to start at the front** so that there is less congestion on the narrow roads around Hoburne Park.

UK Athletics rules apply

No headphones (note; over-ear headphones are also NOT allowed), **no dogs, no buggies, no children U15.**

Full details here: <http://www.uka.org.uk/competitions/rules/>

All runners must be able to hear instructions from our marshals for reasons of safety of runners and the public. The course has narrow sections and kerbs, which means it is not suitable for runners with dogs or buggies to take part.



We benefit from the discounted public liability insurance provided via UK Athletics, so failing to adhere to their race rules would threaten the viability of **all** the races we organise as well as possibly jeopardising the safety of you, other runners, our volunteers and the public.

Marshalling and signs

Our volunteer **marshals are there for your safety**. Your participation is on the understanding that you will respect their advice. However at all times you are responsible for the decisions you make, e.g. if a marshal instructs you that there are pedestrians on the path ahead or that it is unsafe to cross a road, the runner is responsible for their subsequent actions. We will also have a tail runner – you won't finish last!

Runners will be directed around the course by large signs. These will be positioned at all junctions. Marshals will also ensure the right route is followed. **Mile markers** will be put as close to the measured distances as can be achieved. Signs are positioned where needed to warn approaching traffic of the race.

Course

The Hoburne 5 race is held over an **accurately measured** five mile course (Cert 2018/497).

The route has been modified again for 2018 after feedback from runners and marshals.

Wherever possible you must **keep to the pavement or the left side of the road** unless

otherwise instructed or it is unsafe to do so. All road crossings are marshalled and clearly signed. A marshal will call the race number of any who break this rule and if repeated WILL result in disqualification, irrespective of your finishing position. Should you wish to **download the route to a GPS** enabled device, please follow the links on our website.



We need to account for all runners who leave the start line. **If you have to retire during the race**, a sweep vehicle will collect any who need a lift back to the start/finish area after the race is completed, otherwise please **notify any marshal or official before you leave**. As a last resort, the Race Director's emergency number can be used to send an SMS message as soon as possible 07967 744796.

At the Finish

The finish is in front of the new Hoburne GSS building which is behind the Restaurant and laundry block of Hoburne Park. **Please stay in finish order** after crossing the line until the exit funnel, which will take you back to the Holiday Park's main car park area.

Your time is taken as you cross the first line and the race position by your race number taken further along, so please **do not overtake in the funnel area** until after the second line as doing so will mess up our results for everyone and will delay the start of our awards presentation.

There is plenty of space near the finish for your supporters to cheer, but we respectfully ask that supporters **do not block the finish line** officials' view as runners approach.

Prizes and mementos

This race is intended to welcome people who are new to the sport of Road Running: one of the few competitive sports where you can be nice to the opposition! Modest **prizes are awarded to age categories** U17, U35, U45, U55, U65 and 65+ male and female, and we have **team prizes** for the first male team of four or female team of three (reflecting the ratio of runners taking part).

But the best prizes are deliberately set aside to be awarded at random via our charity's raffle. **Your runner number automatically enters you in a draw for spot prizes.** There will be a raffle ticket on your race number envelope that you must take to the charity stall before the race to enter. Further raffle tickets can be bought there to improve your chances for the same prizes, if you wish. See race website for details of the prizes – they're good! The draw will take place during the race and you will be able to see if you have won by looking at a notice board near the Jimmy's Iced Coffee point just after the goody bag collection zone. Our sponsors (see website for details) have provided some amazing prizes, including **several items worth £50 or more.** We are immensely grateful for the support of our local businesses and trades who have donated all these prizes. **Please acknowledge their generosity should you win a prize.**

All finishers will receive a **bespoke metal medal** (new design this year) and a **goody bag**.

Presentations of individual and team prizes will be made as soon as possible, near to the Reception area of Hoburne Park (outside or in the main building, subject to weather). Please stay to cheer the winners including those winning the more valuable raffle prizes.

Results

There will be a race clock at the finish line, synchronised to the race watches. Please do not approach officials on race day to get your race time. Provisional results are posted near the entrance to the Hoburne Park main building as they become available. They will also be posted on the race website as soon as we can. Please check these results for accuracy. When finalised we will send results to contacts at local running clubs – please drop us an email if you wish to receive a copy of the results. These will also be published on the [national database of results for all UK Athletics registered runners](#).

Photos

A professional photographer will be offering photos for sale shortly after the race should you wish to purchase them – [see website for details](#). Photos will be taken for publicity of this event, also being offered to local media, our sponsors and used on our website and similar. Permission for such use is assumed to be granted by your participation. Video recordings will be taken at the finish line to assist in resolving any errors in our race results. These recordings are not used for any other purpose.

Feedback and disputes

We would love to hear your feedback about our race. Please show your thanks to our race volunteer officials and marshals as you run. We know we're not perfect and are keen to improve where we get things wrong. It's also nice to hear what we've done well! There is a visitors book at Race HQ for comments, or contact us via hoburne5@christchurch-runners.org.uk. Please also be mindful that remarks made on social media can easily have unintended consequences – we rely on our marshals and other volunteers and would ask that any remarks aren't directed at any individual.

UK Athletics is the governing body who licence our race. If after discussion with the race organisers you have any grievance about the way this race has been conducted you may contact UK Athletics to take your dispute further www.uka.org.uk/governance. Their reference id for our race is **2018-32006**.

Thank you for choosing our race. Good luck!

If you are not already a member of a club, naturally I'd plug **Christchurch Runners** - but I'd still encourage you to contact any other registered running club. It's not just top athletes who join – most of us are simply aiming to be a bit fitter, have bit of a laugh and be calorie neutral after the rewards we give ourselves for running.



Peter Wallis (Race Director and chairman of Christchurch Runners)

Data Privacy

The information you have provided so far via your entry is **only used for this year's race**. Your **name, running club, gender and age** are held on our race computer only for as long as is necessary to publish our results. Your **name, club*, and race category** (but not date of birth) and England Athletics **Unique Registration Number*** (URN) (*if applicable), will be published in the race results available via our website. These results may also be published via [the official British Athletics database](#) and the [Dorset Road Race League](#) results pages, and after being filtered by club/team provided to team captains who have requested their club's results data.

We (including bodies providing support to our event) don't hang on to any personal information for more than a month after the race unless required to follow-up on medical conditions that have arisen as a result of our race, or where disputes have arisen. **We don't share your personal information with anyone else.**

Photos and video taken during the race may be used for publicity purposes. Images may also appear in local press who may be present and reporting on our race.

A post-race email will ask if you wish to be kept informed about future races. **You will need to actively opt-in** before we add your name and email address to a reminder list. You may subsequently opt out of this service by sending an email to club@christchurch-runners.org.uk